

**DOING MORE DOES NOT MEAN DOING BETTER -
CHOOSING WISELY ITALY
1st Italian Conference**

IRCCS Mario Negri Institute for Pharmacological Research. Via La Masa 19 – Milano - Italy

March 22, 2018 – Preconference workshops

2:30 - 5:30 PM parallel workshop

**1) Choosing Wisely Italy for students and physicians in training: meeting with
Wendy Levinson (English language).**

Agenda

Coordinators Sandra Venero and Nicola Montano

1. Introductions of students and physicians in training
2. Brief talk about overuse—what it means and evidence it exists (15 minutes) – Wendy Levinson
3. An interactive discussion on how students and physicians in training experience overtesting and overtreatment (do they see it? do they talk about it on rounds etc?)
4. Brief summary about the present status of Choosing Wisely Italy (10 minutes) – Sandra Venero
5. The experience with students in Canada - Wendy Levinson
6. What students and physicians in training might be able to do in Italy—small groups
7. Large group discussion about next steps
8. Conclusions: Wendy Levinson, Nicola Montano, Sandra Venero

Contents and objectives of the workshop

Physician behaviours that lead to unnecessary care can develop early during medical training, and the medical education environment can foster such behaviours.

Choosing Wisely Canada launched **STARS** (Students and Trainees Advocating for Resource Stewardship) in 2015 as a student-led campaign that seeks to change the culture of medical education by addressing the behaviours that can lead to unnecessary care. The initiative was spearheaded by students at the University of Toronto, and now is used as a model abroad to engage medical students as change agents.

Choosing Wisely Canada STARS is being adapted to both **the Netherlands** and **the United States** in 2017, with **Japan** and **New Zealand** also have grassroots, student leadership related to national campaigns.

This workshop, organized within **the 1st Italian Conference on Choosing Wisely**, is an opportunity for Italian students and physicians in training to meet **Wendy Levinson**, chair of CW Canada and International, to reflect on overtesting and overtreatment and to lay the foundation of **an Italian student-led campaign** that seeks to change the culture of medical education in connection with Choosing Wisely Italy and International.

Speakers and coordinators of the workshop

Wendy Levinson – Chair of Choosing Wisely Canada & International - Professor of Medicine, University of Toronto

Nicola Montano – Professor of Internal Medicine, University of Milan – President Elect, European Federation of Internal Medicine – Chair, EFIM Working Group on Choosing Wisely in Internal Medicine

Sandra Vernerio - Vice president of Italy's Slow Medicine - Coordinator of the campaign "Doing more does not mean doing better- Choosing Wisely Italy"